



National Institutes for Stress, Anxiety,
Depression & Behavioural Change

PROJECT CO-ORDINATOR (Newry - Dundalk) (Initially part-time)

About Us

The National Institutes for Stress, Anxiety, Depression and Behavioural Change (NISAD): we are a research and development non-governmental organisation charity; a friendly bunch made up of mental health clinicians, creatives, researchers and scientists.

Through our biomedical science and wellbeing research, we create emotional and physical health programmes that are delivered to the public via our sister organisations:

- ELK.Media: for psychoeducation and prevention of health issues.
- ELK.Health: for wellbeing care and tailored support for existing conditions.

Originally established in Scotland, and now headquartered in Sweden, we are in the process of creating a number of project development, marketing and strategy centres for programmes and products that NISAD have created - and we are looking at the feasibility of putting one or more of them in the Newry-Dundalk area.

We currently have an opening for a Project Co-ordinator in Newry - Dundalk to assist in the roll-out of a number of our multi-media programmes, including I Can Change My Mind, which is intended to nurture the wellbeing of 8-10-year-olds.

About I Can Change My Mind

We are in the process of creating an innovative programme starting with 8 and 9-year-olds, which teaches essential life skills for managing complex emotions. It will be a long-term programme that supports and resources young people through their challenging and critical teenage years when emotional health issues can peak.

Children will not need to express any emotional, wellbeing or mental health concerns in order to do the programme.

It is being designed for all children to learn life skills that develop and maintain emotional health.

Through the use of stories, films, games and other interactive elements, we are creating something that is exciting and fun through which children can learn without even realising they are learning.

**I can
change
my mind**

About the role

We are currently looking at the feasibility of placing some of our most important programmes, which have a global reach, in the Newry - Dundalk area. We are looking for a talented individual to help us set up the businesses and charities needed for "I Can Change My Mind" and our other projects.

The successful applicant will be expected to:

- Assist us in establishing one or more effective programme centres in Newry - Dundalk - this part of the job calls for local knowledge and flexibility to help us move into the area.
- Oversee children, young people and adults trialling aspects of our programmes.
- Assist us in creating an effective membership charity for 8 to 10-year-olds and their parents and guardians.

About you

- We would like you to enjoy and excel in this role. If you have skills and experience that would be useful in undertaking the activities mentioned, we would love to hear from you.
- As an organisation we adapt quickly to changing needs and circumstances. The role would suit someone with a similarly flexible mindset.
- An interest in children's emotional wellbeing is essential.
- Previous experience with membership-based non-profits or book or film production would be an advantage but it isn't critical. A willingness to learn is though!

Conditions of the role

Salary

This position begins as a part-time role, and it is our intention to increase the hours, to suit the successful applicant, no later than the second quarter of next year. The initial pay will be calculated at €30.00 per hour with a guaranteed minimum monthly amount of €775.00. This will be paid if the hours worked per week are 6 or less. If they exceed 129 per calendar month, then each hour will be remunerated at €30 per hour.

We are more than happy to discuss flexible hours, and would consider a part-time position and/or job-sharing for the right candidate once we enter the second quarter of 2022.

Location: Newry and Dundalk

The role will include a mixture of working from home and from our Newry and Dundalk offices (COVID-19 restrictions permitting). We envisage that work will largely be undertaken from home to begin with, and we are advocates of flexible working.

Application details

Please complete the application form and submit it to us at: recruiting@nisad.ngo along with a copy of your CV.

Successful applicants will be contacted for interview, which will be, initially, conducted via Zoom (interviews may be recorded and kept for up to 30 days).

Closing date: Noon IST, Wednesday 20th October

Equal Opportunities are important to NISAD